

## Mail Order Maintenance Medication Exempt List

The following medications are exempt from the mail order requirement. You can pick up these maintenance drugs at your local retail pharmacy without penalty or limitations.

### A

ALENDRONATE SODIUM 70 MG  
APIDRA 100/ML  
APIDRA SOLOSTAR 100/ML  
ASTELIN 137 MCG  
ASTEPRO 137 MCG  
ASTEPRO 205.5 MCG  
ATROVENT 21 MCG  
ATROVENT 42 MCG  
AZELASTINE HCL 137 MCG

### B

BETIMOL 0.0025  
BETIMOL 0.005APIDRA 100/ML

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M

BLUE CROSS BLUE SHIELD OF ALASKA

### Medication Name

#### N

NASCOBAL 500 MCG  
NEORAL 100 MG/ML  
NOVOLIN 70-30 70-30/ML  
NOVOLIN 70-30 INNOLET 70-30/ML  
NOVOLIN N 100/ML  
NOVOLIN N INNOLET 100/ML  
NOVOLIN R 100/ML  
NOVOLIN R INNOLET 100/ML  
NOVOLOG 100/ML  
NOVOLOG FLEXPEN 100/ML  
NOVOSEVEN 1200 MCG  
NOVOSEVEN 4800 MCG  
NUVARING 0.12-0.015

#### P

PILOPINE HS 0.04  
PROGLYCEM 50 MG/ML  
PULMICORT 0.25MG/2ML  
PULMICORT 0.5 MG/2ML  
PULMICORT 1 MG/2 ML

#### R

RAZADYNE 4 MG/ML  
RHINOCORT AQUA 32MCG  
RISPERDAL 1 MG/ML  
RISPERIDONE 1 MG/ML